



# Beech Green News

Thursday 21st March

School News



## Achievement Values Award



On Monday, children from Year 1 to Year 6 presented their Achievement Award work; the focus this term was around learning. Maths fluency featured in Year 1, 2,3, and 4. Being able to quickly recall maths addition, subtraction, multiplication and division facts is so important.

Year 1 know more number bonds to 10 (1 +9, 2+8, 3+7 etc)

Year 2 impressed us all with their multiplication knowledge (2, 5, and 10 times tables facts)

Year 3 have become TT Rockstars Legends by Going Green! This means they know all the times tables facts up to 12x12

Year 4 also worked on multiplication and division, aiming to become X Tables Champions!

Year 5 spent a day learning about first aid

Year 6 had a more rounded focus on maths and English in preparation for SATs,

The aim of the Values Award is to highlight the excellent work in school, it requires children and adults to contribute positively to our school and community. Platinum is awarded to year groups who not only work hard for themselves but give their energy and time to supporting others. Year 6 have have worked hard for themselves and have committed to helping the children in Reception improve their reading and develop a love of books. As a result Year 6 were voted as being worthy of the Platinum Award this term, well done Year 6!

I hope you all have a restful and relaxing Easter holiday

# Disco



Thursday 21st March

KS1 &  
Reception



KS2

5.30- 6.45 7.00-8.15

Pre booked tickets

**£4.00**

Includes entry, Drink, packet of Crisps and a glowstick

**EXTRA 3 items for £1** **KS2 ONLY**  
Sweets & Glow sticks available to buy on the night

Pre book tickets  
Tuesday 12th PM  
Wednesday 13th PM  
Monday 18th PM  
Tuesday 19th PM  
Wednesday 20th PM  
On the door on the night



Tickets  
£4.50 on the night

In reception  
Cash and card payments accepted

**NO MOBILE PHONES**

## FABG Disco tonight!

If you haven't already bought a ticket, they can be purchased on the door for £4.50.



Over the last 4 weeks we've had the exciting opportunity to take part in an equine assisted learning programme with local charity, Horses For Wellbeing.

We were able to take 6 children along to spend time taking part in activities that are all designed to encourage listening skills, encourage relaxation, and promote self-confidence.

All 6 of our children have absolutely loved taking part and have come away with positive, lasting memories. You can find out more about Horses For Wellbeing on their website Horses for Wellbeing ([horses4wellbeing.org.uk](http://horses4wellbeing.org.uk)).







### **Keep reading!**

A reminder from Mrs Cherrington to keep reading over the holidays! Quedgeley Library is a wonderful resource in our community and completely free to use! Both reading and being read to, have so many benefits to young people, vocabulary is larger and more extensive, imagination is stretched, concentration levels improve and they gain a greater understanding of the world. Being read to also improves mental wellbeing and self-esteem, provides comfort, security and aids relaxation.

### **Comic Relief**

Thank you to you all for the wonderful support for Comic Relief on Friday. We know times are tough and are always grateful for anything you can spare. We raised an impressive £247.56!

### **Guitar Lessons**

We are exploring the possibility of asking a peripatetic guitar teacher to come into school and teach. Lessons are 15 minutes in duration and happen once a week during term time. Individual (1-1) lessons cost £9, and paired lessons (2-1) are £6.50 per lesson. If you are interest in your child having a lesson, please email the school office on [admin@beechgreen.gloucs.sch.uk](mailto:admin@beechgreen.gloucs.sch.uk).

### **Parenting Discussion Group**

Triple P is a parenting programme, but it doesn't tell you how to be a parent. It's more like a toolbox of ideas. You choose the strategies you need. You choose the way you want to use them. It's all about making Triple P work for you. The three Ps in 'Triple P' stand for 'Positive Parenting Program' which means your family life is going to be much more enjoyable. Triple P are offering Discussion Groups over the summer for families. Details are in the link below.

[www.glofamiliesdirectory.org.uk](http://www.glofamiliesdirectory.org.uk)

### **Reminder**

School finishes for the Easter break tomorrow at 1.30pm. There will be no Wildwoods provision .

GCC Central Spring Summer 2024		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK ONE</b> 18/04/2024 19/04/2024 20/04/2024 21/04/2024 22/04/2024 23/04/2024 24/04/2024	Option One	Mozzoni Cheese	Beef Burger in a Bun with Potato Wedges	Roast Chicken with Roast Potatoes & Gravy	Minced Beef & Onion Pie with New Potatoes	Fish Fingers with Chips & Tomato Ketchup
	Option Two	Vegan Meatballs with Tomato Sauce & Rice	Vegan Sausages with Potato Wedges	Vegan Sausages, Roast Potatoes & Gravy	Lentils & Sweet Potato Curry with Rice	Cheese & Tomato Pasta with Chips & Tomato Ketchup
	Option Three	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion	Jacket Potato with Baked Beans, Cheese or Tomato Mayo/Onion	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Vanilla Sponge with Chocolate Sauce	Vanilla Shortbread	Strawberry Jell with Mousse	Sticky Toffee Apple Cheesecake with Custard	NEW Syno Slog Biscuits	
<b>WEEK TWO</b> 25/04/2024 26/04/2024 27/04/2024 28/04/2024 29/04/2024 30/04/2024 01/05/2024	Option One	Summer Vegetable Ratatouille	Pink Sausages in a Bun with Potato Wedges	Roast Turkey with Roast Potatoes & Gravy	Chef's Special Chicken Curry with Rice	Fish Fingers with Chips & Tomato Ketchup
	Option Two	Cheese & Tomato Pheasant with New Potatoes	Mexican Fries with Bean Dip	Vegetable Wellington with Roast Potatoes & Gravy	Wholemeal Vegetable Pasta with Sauce	Vegan Sausages with Chips & Tomato Ketchup
	Option Three	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Ice Cream	Mudpie Sponge with Custard	Orly Crumble with Apple Slice	Peach Crumble with Custard	Chocolate Shortbread	
<b>WEEK THREE</b> 02/05/2024 03/05/2024 04/05/2024 05/05/2024 06/05/2024 07/05/2024 08/05/2024	Option One	NEW Vegetable Fritter with Wedge	SageHill Bolognaise	Roast Goulash with Roast Potatoes & Gravy	NEW Chicken Fries	Fish Fingers with Chips & Tomato Ketchup
	Option Two	BBQ Quorn with Rice	Cheese & Tomato Pasta with Potato Wedges	Vegan Quorn with Roast Potatoes & Gravy	Sprouts and Cheese with Potato Wedges	Cheese & Bean Pasty with Chips & Tomato Ketchup
	Option Three	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion	Jacket potato with Baked Beans, Cheese or Tuna Mayo/Onion
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Ice Cream	Pear & Chocolate Upside Down Cake with Custard	Apple Flapjacks	Banana Sponge with Banana Straws and Custard	Fully Shortbread	
<b>MENU KEY</b>		Added Plant Power	Wholemeal	Vegan	Chef's Special	
Available Daily - Freshly cooked/jacket potatoes with choice of fillings. Freshly breaded/baked on the daily. Daily salad selection.						
<p><b>ALLERGY INFORMATION:</b> Please refer to the allergen list for individual particular allergens in each course and a member of the catering team for information. If your child has a sensitivity to a specific allergen, the best thing to ensure you can be alerted to cater for your child. We use a large variety of suppliers in the marketplace, our menu and our allergen information. We do not intend to completely remove the use of allergen menu items.</p> <p><b>caterlink</b> catering &amp; more</p>						

## Spring Menu

Here is a copy of the Spring Menu from Caterlink. All KS1 pupils are entitled to a universal free school meal, KS2 pupils will need to pay for their meals via their Parentpay accounts. If you think you may be eligible for free school meals and have not yet applied, please contact the school office for more information. If you need to set up a Parentpay account, the office will be able to assist you to do this also.

## Beech Green Community Fund

### What is the Beech Green Community Fund?

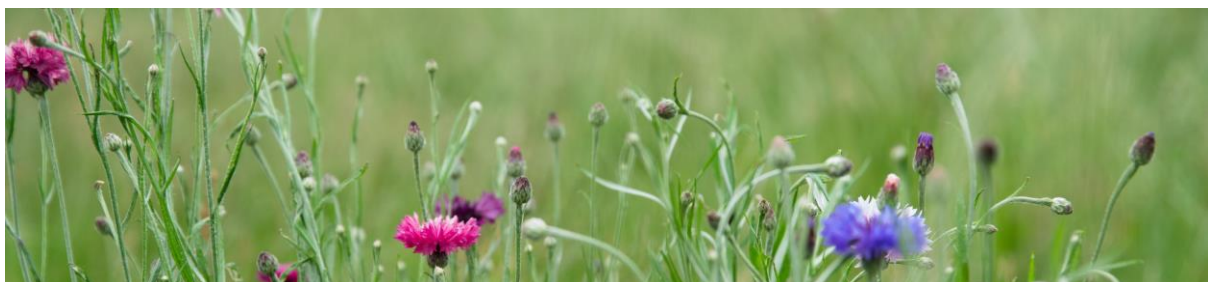
With the help of voluntary contributions, we hope to do all we can to off-set the financial pressures that schools and families are facing at the moment. It's our ambition to be able to give our children an equal opportunity to participate in all experiences Beech Green can offer, whether that be accessing equipment, taking part in extra-curricular activities or making a positive change to the school environment.

### How can we become a supporter?

You can make a donation via your parentpay account under the item, "Beech Green Community Fund." We understand family circumstances differ, so are keen to create a culture of giving at a level that suits each individual. We value each and every donation, even £1 a month will make a difference. You can make a one-off donation when you can, or have the ability to set up a direct debit if you wish. We will keep you informed, via our fortnightly newsletter, of how the money raised by supporters is helping the school and it's community.

Thank you!

## Community News





# JET AGE MUSEUM

**SPECIAL EASTER**  
**Wed. APRIL 3rd 2024**  
**OPENING**  
*Museum open 10am- 4pm*



**No Admission Charge**  
*but all donations welcome to our all volunteer museum*

Meteor Business Park, Cheltenham Road East, Glos GL2 9QL

self-esteem underpins all that we do



## Raising Self-Esteem

Jane Keyworth gives a two-hour online talk

Tuesday 26th March 7-9pm

Book Online £24 [facefamilyadvice.co.uk](https://facefamilyadvice.co.uk)



Are you aware of teenage brain development and how it impacts on behaviour?



## Understanding the Teenage Brain

"Every parent and teacher should hear this...."

Mr Mead, Headteacher at Lytchett Minster School, Dorset

Two-hour online talk **25th March 7-9pm**

Book Now £24

[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

# MHEC-FEST

## FREE MENTAL HEALTH & EXERCISE FESTIVAL

SATURDAY 20TH APRIL 10AM-1PM  
Bech Green Primary School, Gloucester

*Free fitness festival based in Quedgeley, Gloucester for people looking to improve their mental health through exercise!*

Do you ever struggle with your mental health, and think about what life would look like if you had limitless energy, confidence and body image pride?

Do you ever wonder how it would feel to be fit, healthy and proud of the person staring back at you in the mirror?

If the above sounds like you, you're going to want to attend our Mental Health & Exercise Festival (MHEC-Fest) where you can learn how to improve your mental health through exercise, for free!

We'll be removing some of the biggest barriers to exercise, such as gym anxiety, fear of looking unfit and foolish, and a big one... Cost.

At MHEC-Fest you'll be taught the links between exercise and positive mental health, how to use exercise to improve your confidence, self-worth and resilience, and how to make exercise fun and manageable, rather than difficult and confusing!

To find out more details and secure your free ticket, contact us at [cmbwellnesshub@gmail.com](mailto:cmbwellnesshub@gmail.com) or scan the QR code

## Would you like your child to make some healthy sweet swaps?

**We are here to help!**  
Our free healthy lifestyle programme can support families like yours make healthy habits. Help yourself to our sweet tips below.

1. Create a shopping list for the family, before going shopping.
2. Have a weekly sweet voucher. Your children choose when to "cash in" for a portion of sweets.
3. Use the NHS Food Scanner app to help find healthy swaps in the shops.
4. Try having a mix of fresh and dried fruits to help the sweet cravings, i.e. dried mango, bananas.
5. Remember to have dried fruits in small amounts as the sugar is more concentrated.
6. Mix things up and make fruit more fun - try making fruit cocktails, smoothies or ice lollies.
7. Look for healthy sweet treat recipes online. We might be biased but we think [beezeebodies.com/blog/category/recipes](http://beezeebodies.com/blog/category/recipes) is pretty good!

Like these tips and want to know more? Check out our website now. \*Our courses are for families with children aged 4+.




Scan the code or click here to find out more

Sign up today!



Beezee Families Gloucestershire

24.05.15


**FREE!** Come to play and explore with **Saint James'**

For a   

**ecoMessy Easter**

Please bring coat and wellies  

Unfortunately we cannot cater for all food intolerances. If you have a food intolerance or allergy please bring your own snack.

 **Tuesday March 26th**  
Saint James' Church  
School Lane  
Quedgeley  
GL2 4PN

**1pm - 3pm**

**FUN**

Mid afternoon snack provided

## Dates this Term

Please see school website

<https://www.beechgreenprimary.co.uk/calendar-dates>

## Contact Us

Beech Green Primary

St James

Quedgeley

Gloucester

GL2 4WD

<https://beechgreenprimary.co.uk/>

Email addresses for Wildwood After School Club and extra-curricular clubs

[wildwoods@beechgreen.gloucs.sch.uk](mailto:wildwoods@beechgreen.gloucs.sch.uk)